



Australian
Native
Products

NUTRITION INFORMATION

Dried Lemon Myrtle Leaf

Botanical Name: *Backhousia citriodora*

Ingredient: 100% Dried Lemon Myrtle Leaf

NUTRITION INFORMATION

Serving size: 2 g

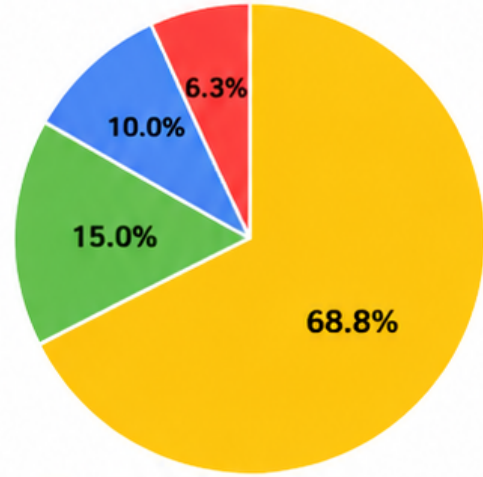
Average Quantity	Per Serving (2 g)	Per 100 g
Energy	14 kJ	683 kJ
Protein	0.17 g	8.3 g
Fat, total	0.04 g	1.8 g
– Saturated	<0.1 g	0.5 g
Carbohydrate	0.04 g	1.8 g
– Sugars	0.04 g	1.8 g
Sodium	<1 mg	33 mg

The nutritional values presented above are typical reference values for dried Lemon Myrtle leaf and are based on available Australian food-composition data.

Actual nutritional composition may vary depending on growing conditions, harvest, drying and processing.

These values are provided for general nutritional reference and product specification purposes and do not constitute batch-specific laboratory analysis.

MACRONUTRIENT BREAKDOWN



- Carbohydrates (68.8%)
- Fiber (15.0%)
- Protein (10.0%)
- Fat (6.3%)

Note: Macronutrient breakdown percentages are calculated from the above per 100 g nutritional values.

ADDITIONAL NUTRIENTS – VITAMINS, MINERALS AND OTHER NUTRITIVE SUBSTANCES

Specify only one target population for product (selection ONLY ONE check box):

☒ Adults

☐ Young Children

☐ Infants

VITAMINS specify which vitamin	AVG QUANTITY per 100 g	% RDI / serve	MINERALS specify which minerals	AVG QUANTITY per 100 g	% RDI / serve
vitamin C	7.2 mg	18%	iron	8.5 mg	71%
vitamin D	1.3 µg	13%	zinc	0.9 mg	20%
vitamin B12	0.5 µg	25%	magnesium	1.5 mg	3%
vitamin E	65.0 mg	650%	calcium	1.7 mg	0%
			manganese**	1.6 mg	200%

NOTE: there is no permission to FORTIFY foods with this substance indicated with **

OTHER NUTRIENT OR BIOLOGICALLY ACTIVE SUBSTANCE

NAME OF SUBSTANCE	AVG QUANTITY per 100 g	%RDI / serve
Citral	95.40	-
Neral	39.21	-
Geranial	50.52	-

PRODUCT INFORMATION

Product: Dried Lemon Myrtle Leaf

Botanical Name: *Backhousia citriodora*

Form: Dried leaf

Ingredients: 100% Lemon Myrtle leaf

Country of Origin: Australia

Allergen Information: No known allergens are intentionally added.

IMPORTANT NOTES

- The % RDI values are based on an average adult daily diet of 8,700 kJ.
- % RDI / serve and nutrient values are based on a 2 g serving size.
- “–” indicates no established RDI for the listed substance.
- This document is provided for general informational and specification purposes only.

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