SeaMeat® <2mm

A unique seaweed blend that can replace 25% meat for impactful & tasty burgers, sausages & meatballs.

USER MANUAL



How to prepare beef burgers with SeaMeat®.

- 1. Rinse the SeaMeat® blend briefly (~30 seconds) with cold water to wash away impurities and attached seasalt.
- Soak the SeaMeat® blend in abundant water for 20-30 minutes. It rehydrates up to ~6 times its dry weight.
- 3. Drain and blanch for 1 minute, drain again and rinse with cold water. To blanch, it is sufficient to add boiling water to the container with SeaMeat®, leave it for one minute, drain and rinse with cold water to cool down. This step is important to neutralise smell and taste.
- Mix and blend with meat.
- 5. Follow your regular burger recipe from here.

Example recipe.

SeaMeat® can best be added to your existing burger recipe. Just reduce salt.

A basic example:

25% SeaMeat® (~8kg less CO₂/kg). This recipe makes 12 portions of ~100g.

- 50g SeaMeat® blend (~300g when rehydrated)
- 900g minced meat
- A pinch of pepper and salt

Some other examples are seasoned with:

- Red chili, sugar, citric acid and cumin seeds
- Soy sauce, sesame seeds, sambal, ginger paste, garlic, sugar & pepper
- Lemon & green pepper



